

# THE FLAME

The Diocese of Wrexham is a Registered Charity No. 700426

June 2026 Newsletter



Plwyf Ein Harglwyddes & Sant Iago, Bangor  
Our Lady & St James, Bangor



Dewi Sant a Santes Helen, Caernarfon  
St David & St Helen, Caernarfon

In the month of June, the Church invites us to celebrate the beautiful and profound feast of **Corpus Christi**—the Solemnity of the Body and Blood of Christ. Each time we gather for the Eucharist, we do far more than remember Jesus; we are drawn into His life and share in His very being. The bread we receive is no ordinary bread—it is truly the Body of Christ. In receiving Him, we are transformed: **we become what we receive.**

The Eucharist is never a private act. It is a communion—with Christ and with one another. Here in our parish, though we come from different backgrounds and experiences, we are made one body in Him. Yet this raises an important question: does our parish life reflect this unity? It is easy to live side by side and still remain distant. We may share the same space for years without truly knowing one another. If we receive the same Lord, how can we remain indifferent?

Today, idols are not always visible, but they still shape our lives—success, comfort, individualism, or indifference. Corpus Christi calls us to turn away from these and to centre our lives on Christ, allowing His self-giving love to guide us. In receiving the Body of Christ, we also receive a mission: to be a sign of unity where there is division, to bring compassion where there is suffering, to offer forgiveness where there is hurt.

**Corpus Christi** is not only a feast to celebrate, but a mystery to live. In this month dedicated to the Sacred Heart, may we grow as a community of one heart and one soul. May this feast renew our love for the Eucharist and deepen our unity as one parish family.

**Fr Savi Menachery CMI**



## Pope's intention:

Let us pray that **sport** may be an instrument of peace, encounter, and dialogue among cultures and nations, and that it may promote values such as respect, solidarity, and personal growth.



## Reading cycle: A

### Psalter Week

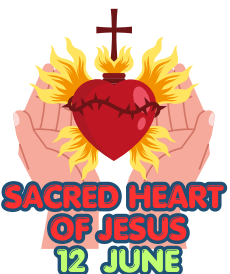
1–6 Jun: Wk I

7–13 Jun: Wk II

14–20 Jun: Wk III

21–27 Jun: Wk IV

28–30 Jun: Wk I



# Parish office

Parochial Administrator: Fr. Savi Menachery CMI  
Parish office: Miss Kelly Abraham



**Monday:** 10am - 12 pm  
**Wednesday:** 3-5 pm  
**Friday:** 10am - 12 pm



Tŷ Mair, Menai Avenue, Bangor, LL57 2HH



01248 370421



priestbangor@rcdwxm.org.uk



Parish Website: <https://ourladybangor.org>

Please send any news items to be published in **THE FLAME – July Edition** to the email address: [bangorparishflame@outlook.com](mailto:bangorparishflame@outlook.com) by the first week of June

## Liturgical celebrations in June

DAY	TIME/ PLACE	DAY	TIME/ PLACE
Mon 1	Bangor: 19:00 <b>Holy Mass-St Justin</b>	Tue 16	Bangor: 09:45 & 10:00 <b>Morning Prayer &amp; Holy Mass</b>
Tue 2	Bangor: 09:45 & 10:00 <b>Morning Prayer &amp; Holy Mass</b>	Thu 18	<b>NO HOLY MASS</b>
Thu 4	Bangor: 12:15 <b>Holy Mass</b>	Sat 20	Caernarfon: 18:00 <b>Vigil Mass</b>
Sat 6	Caernarfon: 18:00 <b>Vigil Mass</b> <b>Corpus Christi (Vigil)</b>	Sun 21	Bangor: 10:00 <b>Holy Mass</b> <b>N. B. No Mass at 5pm</b>
Sun 7	Bangor: 10:00 & 17:00 <b>Holy Mass - Corpus Christi</b>	Mon 22	<b>NO HOLY MASS</b>
Mon 8	Bangor: 19:00 <b>Holy Mass</b>	Tue 23	Bangor: 09:45 <b>Morning Prayer.</b> <b>NO HOLY MASS</b>
Tue 9	Bangor: 09:45 & 10:00 <b>Morning Prayer &amp; Holy Mass</b>	Thu 25	<b>NO HOLY MASS</b>
Thu 11	Bangor: 12:15 <b>Holy Mass</b>	Sat 27	Caernarfon: 18:00 <b>Vigil Mass</b>
Fri 12	Bangor: 12:15 <b>Holy Mass- Sacred Heart</b>	Sun 28	Bangor: 10:00 & 17:00 <b>Holy Mass- Ss Peter &amp; Paul</b>
Sat 13	Caernarfon: 18:00 <b>Vigil Mass</b>	Mon 29	<b>NO HOLY MASS</b>
Sun 14	Bangor: 10:00 & 17:00 <b>Holy Mass- Family Eucharist</b>	Tue 30	Bangor: 09:45 <b>Morning Prayer</b> <b>NO HOLY MASS</b>
Mon 15	Bangor: 19:00 <b>Holy Mass</b>		

**Sacrament of reconciliation:** Monday: 19:30; Tuesday: 10:30; Thursday: 12:45 or by appointment  
**Sunday readings for the month of June:**

- 7 June – Corpus Christi (**Solemnity**): Deut 8:2-3, 14b-16a; 1 Cor 10:16-17; John 6:51-58
- 14 June – 11th Sunday OT: Exodus 19:2-6a; Romans 5:6-1; Matthew 9:36-10:8
- 21 June – 12th Sunday OT: Jeremiah 20:10-13; Romans 5:12-15; Matthew 10:26-33
- 28 June – 13th Sunday OT: 1 Kings 19:16,19-21; Galatians 5:1,13-18; Luke 9:51-62



**Parish Safeguarding Representative**  
**Jo Charles 07454958980**



**CAFOD**  
**Catholic Agency for Overseas Development**

Our parish is blessed to have a small but active CAFOD team, committed to justice, compassion, and care for our common home. Through prayer, awareness, and practical support, CAFOD assists communities affected by poverty, climate change, and environmental challenges in poorer countries.

New members are always welcome. Anyone interested in joining the parish CAFOD team is invited to contact **Beatrix** on **07887 734566** for more information.

A special CAFOD awareness event will take place after Mass on **Sunday, 12 July**, highlighting the severe debt crisis affecting many poorer nations.



**With Grateful Hearts-RCIA Mystagogia**

Ten candidates completed the RCIA journey deepening their relationship with Christ and the sacramental life through Mystagogia—a blessing to our parish. We thank the volunteers whose generous faith and dedication supported them through teaching, guiding, and prayer. May God reward you.



Fr Savi will be away from the parish from **17th June to 1st July** on a visit to the CMI Mission in Peru, where he will learn from the experience of the pastoral and missionary work of his confreres in the Carmelites of Mary Immaculate (CMI). Visiting priests will provide weekend cover in the parish



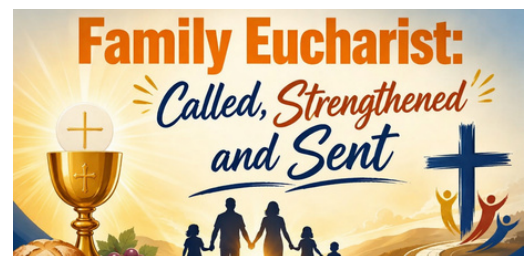
Offering Holy Mass for special intentions is a cherished Catholic tradition—expressing gratitude, celebrating occasions, and seeking healing, peace, or guidance. It entrusts our joys and needs to the Lord through the Church’s prayer. To request a Mass intention, use the envelopes in church and submit them via the **letterbox** or **Fr Savi**.



**Day for Life: Cherishing the Gift of Every Human Life**

The Church invites us to pause on this “**Day for Life**” and rediscover a truth: every human life is a miracle entrusted to our care—from its first hidden beginnings to its final breath. It asks us not only to pray, but to allow our prayer to become **compassion in action**—in our homes, our parish, and our wider community.

A **second collection** will support initiatives across England and Wales that defend the dignity of every person.



On Sunday, **14th June at 10:00 am**, we celebrate a Family Eucharist together with the presentation of the First Holy Communion children. A special blessing will also be given to all those celebrating birthdays or other milestones during June.

*Please complete a slip available at the back of the church and place it in the letterbox. Everyone is warmly welcome.*



**Remembrance of the Dearly Departed in June**

Ernest Ball, Margaret Roberts, John Petit, Alice Dear, J Brian Walsh, John Tynan, Margaret Frettingham, Mary Carmel Lucas, Frank Kearns, Margaret White, Catrin Reda Daniel, Ruby Harrison, Maureen Williams, Florence M Williams, Mary Jones, Sadie Edwards, James Dolan, Patrick Coffey, Abina Owen, Basil Aloysius Fishwick, John McHugh, Marie Corrado, Glenys Jones, Yvonne Hughes, Jane Smyth, William Vance, Margaret Kelly, Joseph McAllister, Margaret Evans, Paul McNamara, Henryk Mlynarczyk, Paul Jones, Monica Teresa McCafferty, Laurence Charles O’Hara, Bridie Carr, Jerome Daniels, Mark Fazackerley, Brigid Hughes, Patrick Reany, William Vernon O’Brien, Norman O’Neal, Olive Lewis, Thomas Patrick Murphy, Alastair David Wright, Leszek Nowak, Sharon Williams, Nancy Evans, Marie Lowrowitsch, Douglas Graham, Patricia Mary Bell, Vera Humphries, Diane Davies, Haf Roberts, Robert Cockshot, Barbara Ryan, Nell Lynch, Esther Lynch, George Ronald Tynan, Joyce Westlake, Brian Nicholas Withers, Jennie Jones, Mary Pampolini-Roberts, William Sweeney, Christina Lewis, Patrick McInerney, Sylvia Mary Evans

**May their souls, and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.**



## Living Faith Subscription

The Parish provides Living Faith booklets to support the daily spiritual life of our parishioners. To avoid unnecessary waste and order the correct number of copies, we kindly ask those who wish to receive Living Faith to write their names on the sheet placed in the Church. The Parish will subscribe according to the number of interested parishioners.



## Confirmation Preparation

After many years without a Confirmation celebration, our parish is delighted to begin preparation for the Sacrament of Confirmation once again.

Young people aged 12+ are invited to join the preparation course. Please register using the A4 form available in the church or download it from our parish website and email it to [priestbangor@rcdwxm.org.uk](mailto:priestbangor@rcdwxm.org.uk)  
We look forward to supporting this step in faith.



## Parish Lawn Volunteers Needed A Simple Way to Bless the Lord and Our Parish Family

The green stretch beside our church is a small but beautiful gift to everyone who passes by. At present, the parish covers the full cost of its upkeep. A few extra helping hands would make a real difference.

If any parishioners could occasionally assist with mowing the lawn or light care of the grass, it would ease parish expenses and become a quiet act of love for the Lord and our community. If you can help, please let **Fr. Savi** know.



## Peter's Pence Collection 28<sup>th</sup> June

This offering expresses our unity with the Holy Father, **Pope Leo XIV**, and supports his charitable outreach, especially to those suffering from poverty, war, and natural disasters throughout the world.



**Ysgol Santes Helen** is a Catholic primary school for children aged 3–11. Places are available. **Email:** [pennaeth@santeshelen.ysgoliongwynedd.cymru](mailto:pennaeth@santeshelen.ysgoliongwynedd.cymru) or call **01286 674856**

**Cylch Meithrin Twtil** is a pre-school playgroup located within the school, welcoming children from 2 years old. Sessions run from 11.00 am–3.00 pm. Please Contact:

[cylchmeithrintwttil@gmail.com](mailto:cylchmeithrintwttil@gmail.com)  
or call **01286 674856**



## Retiring Collection for Sound System Upgrade

We gratefully thank a generous couple for donating £5,000 towards our Parish Sound System upgrade. The Parish still needs £2,000 to complete the project. A retiring collection will be taken after each Sunday Mass until the amount is raised. UK taxpayers are encouraged to use Gift Aid, helping the Parish receive an extra 25% at no extra cost. Forms are available in Church and online.

## First Holy Communion 2026



A joyful celebration awaits the parish of Our Lady & St James as our children prepare to receive their First Holy Communion on **Saturday, 6<sup>th</sup> June 2026, at 10:00 am**. A Presentation Mass will follow on **Sunday, 14 June at 10:00 am**, with a short 45-minute session for the children afterwards in the church.

This year's candidates are **Alvin, Giya, Jason, Ewan, Grace, Ebube, Daniella, Anns, Gracie May, Edward A, Ruben, Daniel, Ivin, Edward J, Samuel, Olivia, and Michael**. They have prepared with great enthusiasm, supported by families, catechists, and the parish community. We ask all parishioners to keep them in prayer, that they may remain close to Christ. Thank you to everyone who gave their time, care, and dedication to the preparation.